



Nikola Prlenda, PhD, Associate Prof.

Born in Zagreb on May 2nd 1976., Croatian, citizen of Republic Croatia, married, father of two children.

He finished Elementary school and Secondary electrotechnical school in Zagreb. In 2003. he finished Faculty for physical culture of the Zagreb University. On the same faculty in 2010. he finished masters study and acquired the title Master of science with the paper on „Differences in effectiveness of teaching sailing skills using different methodic procedures and instruments“. Two years later on December 19th 2012. he defended his doctorate thesis "Effectiveness of different sailing board teaching models " thus acquiring his PhD in the field of kinesiology, branch Kinesiology education. He's been author and coauthor of 42 technical and scientific papers in the field of sailing and skiing, including the manual *Snow sports*, and university teaching material named *Sailing and windsurfing*

Since 1999. he was working as student assistant, and since 2003. as an associate on the Water sports subject (sailing, windsurfing), and since 2005. also on the subject Skiing at the University undergraduate and polytechnic study. In 2013. he was elected to the nominal scientific-teaching title of assistant professor on the subject of Water sports of Kinesiology faculty of Zagreb University. In the same year he was chosen for a teacher on Kinesiology faculty of Split where he took over and led lessons on the Coach Vocational Study (sailing), on the subject Methodics of technical – tactical preparation in sailing 1 and 2. In 2015 he is chosen as a postdoctoral student in Watersports on Kinesiology faculty of Zagreb, and in 2018 he becomes the holder of the subject Watersports and subjects of electoral studies Sailing, Rowing and Kayaking, and also on Coach Vocational Study for the same subjects. In the same year he was elected as a senior research associate in the social sciences - science field kinesiology. In 2019 he is elected as associate professor for the subject Watersports.

Also, from 1999 he is working as a coordinator and human resources manager in Nysa tours and Kinezis tours. In 2010 he is elected as president of Kinezis- society for sports recreation of citizens. During the 2007 and 2008 he is working as a director and organizer of Nysa international DH race on Bjelolasica.

He's been active sailor since his young age. During his sports career he was member of the best world crews. With the Ceref sailing team, which consisted of the best world sailors

led by James Spithill he won RC Slam cup in 2007. He is also an active member of Croatian crews *Croatia one* and *Cro-a-Sail*. Besides, there are some of his prominent sports results to be mentioned: ORC International World Championship in 2017.g. – 4th place; 2011. – 5th place; European Match Racing Championship 2006. – 5th place; ISAF Nations Cup Regional Final - Europe 2 2006. - 2nd place; Slovenian National Open Match Racing Championship 2005.. – 1st place; ORC National Championship in 2008, 2012, 2014, 2015 and 2016 – 1st place; ORC National Championship in 2007, 2011 and 2013 – 2nd place; National Match Race Championship in 2012. – 2nd place; 24 ACI Match Race Cup in 2010 – 1st place.

In 2006.g. Olympic comitee granted him, on the basis of achieved results in sailing, the first cathegory for Croatian top sportsmen. In 1994. he's got his skipper licence and has been active in this job untill today. He speaks English